1. Welcome

2. Guest Speaker - COVID Update

   a. Dr. Susan Bleasdale

   b. She won an award as Women Physician of the Year.

   c. She talked about

      i. Where we are in terms of Covid numbers. Omicron surges just finished, and we are down in numbers.

      ii. The vaccine and booster prevent hospitalization and severe infection but not transmission.

      iii. Change in mask policy, UIC is not mask-free, and masks are still required in some places.

      iv. Masks have been effective in preventing the spread of covid, so make your personal choice about when and where to unmask.

      v. Evusheld is a medication that helps protect people who are immunocompromised.

      vi. Chicago is in the lower transmission level.
vii. For international travel, students have to follow a safety plan and fill out some forms, and travel is only allowed to places with a lower level of Covid transmission. Information on levels can be found on the CDC page.

3. **Endorsement of Trina M. Fresco for the position of the Student Board of Trustee**
   
a. GSC voted to endorse Trina

b. The election opens on March 30th at 9 am

4. **Guest Speaker - Eating Healthy as a Student**
   
a. Professor Kirsten Straughan

b. Spoked about healthy eating on a budget

c. Resources for planning healthy meals
   
i. MyPlate
      1. Show you budget-friendly and in-season food
      2. Budget-friendly recipes
      3. It also shows grocery stores deals in your area.

ii. UIC Pop-up pantry

 d. Tips
   
i. Plan around sales

ii. Create shopping lists

iii. Plan weekly meals

5. **Guest Speaker - Right for Her**
   
a. Dr. Kate Albrecht
b. Talk about Women in Network Science (WINS)
   i. WINS fosters opportunities for women of all gender in education, employment, and career advancement.
   ii. Network science in the physical and social phenomenon and web of consumption
   iii. The organization is about helping and lifting women who are just getting started in their science careers like post-docs and pre-tenure
   iv. There is an annual conference for women to get engaged with one another in round table discussion and also professional development opportunities
   v. They have a youtube channel that talks about their resources.

6. Announcements

a. Movie Trivia Night - postponed to Friday, March 18th at 5:00 pm. There will be Raffle prizes from the bookstore.
   Zoom Link
   https://uic.zoom.us/j/86539831476?pwd=cGtyM3lHSTVFSUE3QzVsS2czOW1Sdz09

b. Career Workshop - LinkedIn Tuesday, March 29, 1 pm

c. Headshot and Dog events will be in April - dates to be determined.

d. GSC Officer positions
   i. Those who intend to run for any of the positions should turn in their application and bio by March 15th at noon.
   ii. The election for the positions will be at our April Meeting.
Requirement:

1. Full-time graduate student enrolled at UIC and has served as GSC representative or Executive member for at least a year.

2. Roles and responsibilities and more information can be found on the slides.

e. GSC Senate representative seats

   i. Send name, college/department, and email address to GSC by March 31st.

   ii. A senator must attend monthly meetings and be part of a committee.

7. Representative Sign-In and Adjournment